

Specialty Programs

Women's Mental Health Program

The Department of Psychiatry's Women's Mental Health Program offers a safe and secure environment for women during childbearing years. Under the direction of clinical psychologist Aimee Danielson, PhD, the program functions as a unique partnership with Georgetown University Hospital's Department of Obstetrics and Gynecology to provide specialized treatment for psychiatric disorders and problems of adjustment for women during pregnancy and postpartum. With sensitivity to the distinct nature of a woman's make-up and well-being, the program supports the richness of a healthy emotional life and social relationships. Dedicated to addressing a range of normative adjustment issues involving transition into motherhood, the program's focus includes depression and anxiety during pregnancy, postpartum depression, complicated pregnancies, pregnancy loss, identity/self-esteem issues, balancing personal and professional life and relationship problems. Expert psychiatrists are available should medication be a necessary part of treatment. Dr. Danielson is available for diagnostic evaluation, consultation and ongoing psychotherapy for individuals and couples. On Thursday, September 25, 2008, from 4:00 PM to 7:30 PM, the Women's Mental Health Program will host a conference for healthcare professionals, voluntary faculty and the general public in the New Research Building Auditorium at the Georgetown University School of Medicine. The conference topic will be: *Mood Disorders in Pregnancy and Postpartum: A Clinical and Research Update*. Dr. Danielson can be reached at: Aimee.L.Danielson@gunet.georgetown.edu.

Forensic Conference—Third in a Series

Psychiatric and Legal Issues in Death Penalty Cases



(Left to Right) Steve Epstein, MD, Alan Newman, MD, Gavin Rose, MD, Alan Abrams, MD, JD, KyleeAnn Stevens, MD, Patrick Canavan, PsyD, Stephen Baron
Photo credit: Paul Davis

On Friday, April 21, 2008, the DC Department of Mental Health's (DMH) Saint Elizabeths Hospital and the Department of Psychiatry of Georgetown University Hospital (GUH) hosted its third in a series of forensic conferences at the True Reformer Building in Washington, DC. Steven A. Epstein, MD, Professor and Chair of GUH's Department of Psychiatry, Stephen T. Baron, Director of

DC DMH and Patrick J. Canavan, PsyD, CEO of Saint Elizabeths Hospital, opened the program by welcoming more than ninety attendees.

As one part of a broader partnership to train and teach the intersection of psychiatry and the law, the conference, *Psychiatric and Legal Issues in Death Penalty Cases*, highlighted the collaborative work of the 2007-2008 forensic fellows Tyler Jones, MD, Gavin Rose, MD and KyleeAnn Stevens, MD. In addition to the fellows, Fellowship Director, Alan Abrams, MD, JD, and Co-Director Alan Newman, MD, were featured speakers. The conference included three presentations that discussed the history of capital punishment as it relates to the mentally ill, executing the insane, the mentally retarded and the incompetent. Pivotal cases surrounding these issues were also addressed. The first presentation introduced two high profile cases of Dr. William Alanson White, MD, one of America's most prominent forensic psychiatrists who served as the Superintendent at The Government Hospital for the Insane (Saint Elizabeths) from 1903 until his death in 1937. The second reviewed the recent and historic legal perspectives of psychiatric syndromes in death row inmates. The concluding discussion focused on the case of a severely mentally ill woman who murdered her two young children in 1997. A period of questions and answers followed. Dr. Abrams, recognized for his leadership, will be stepping down as Fellowship Director this summer. Dr. Newman will be assuming the position in July.

Psychiatry Grand Rounds (*open to the public)

June 26, 2008

Michael R. Clark, MD, Associate Professor, Director, Chronic Pain Treatment Program, Johns Hopkins University. Topic: Psychiatric Aspects of Pain Management *

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THANK YOU!

SAVE THE DATE

Events hosted by: Department of Psychiatry
Georgetown University Hospital

Thursday, September 25, 2008

Women's Mental Health Conference

*Mood Disorders in Pregnancy and Postpartum:
A Clinical and Research Update*

4:00 PM- 7:30 PM (includes dinner)

Location: New Research Building Auditorium
Georgetown University School of Medicine
(Free and open to the public—Registration Required)
Contact: Aimee.L.Danielson@gunet.georgetown.edu

Thursday, October 16, 2008

Schizophrenia Conference

*Developmental and Cognitive
Trajectories: Clinical Implications*

8:00 AM- 4:00 PM

Location: Grand Hyatt, Washington, DC
(Registration fee includes conference)
Contact: rrk4@gunet.georgetown.edu

September 2008 (date to be determined)

Forensic Conference

Hosted by the Department of Psychiatry, Georgetown University Hospital in partnership with DC Department of Mental Health's Saint Elizabeths Hospital
Contact: psy@gunet.georgetown.edu

Department News

- Mary Ann Dutton, PhD, Professor of Psychiatry and Associate Director of the Center for Trauma and the Community at Georgetown University, recently received a PTSD Concept award through the US Dept. of Defense *Center of Excellence for Psychological Health and Traumatic Brain Injury*. Concept awards support the exploration of innovative concepts that could give rise to testable hypotheses. Working closely with Richard Amdur, PhD from the Washington DC VA Medical Center (VA), and additional colleagues from the VA and Highlands Hospital in Connellsville, PA, Dr. Dutton's team will propose to develop a tool kit and multimedia training program to improve the quality of life and wellness for veterans with combat-related PTSD. This project will focus on the integration of daily mindfulness and wellness into the care delivered in medical and mental health settings. A multimedia training program will be developed to provide outpatient primary care providers, hospital based healthcare professionals and mental health practitioners in the skills necessary to use the tool kit.

The Center for Mental Health Outreach is Dedicated to Improving Mental Health Care for the Underserved in Our Community

Please contact for additional information and donations

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For more information visit: www.georgetownuniversityhospital.org/body.cfm?id=512 • Georgetown Center for Trauma and the Community: <http://ctc.georgetown.edu>